



SCRIPTING OUR LIVES:

Thoughts about psychological scripts

the hands of countless artists
create each of us gradually o'er time

we begin as empty canvases
in a universe with few visible lines

gradually we gain texture
as events rub deep into our lives

sometimes we create beautiful patterns
with materials that appear

other times we get frustrated
succumbing to despair or fear

to be an artist requires boldness
and intention to transform mediocrity.

perhaps we also need a sense of humor.
isn't our entire existence a farce in a sense?

Ella: Do we script our lives or are we scripted by events around us?

Shu: ... perhaps both.

Juanita: The boundary between "self" and "other" seems very fluid.

Jack: ... and human lives are so brief.

- T Newfields

1970 Newtown, PA / 2025 Shizuoka, Japan



