RECIPE FOR JOY:

A Prescription for Happiness

a little less dogma a little more open heart

a little less fear of failure & willingness to make fresh starts

a little less worry about outcomes & more dedication to live like art

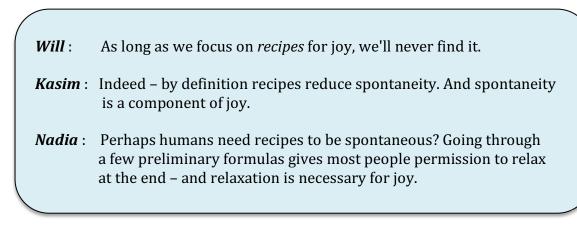
a little less obsession with perfection & more realization that things fall apart

a little less intellectual arrogance a little more childlike discovery

our planet needs a revolution of values & willingness to shift priorities

joy is not unattainable or complex once your beliefs & actions intersect





- T Newfields Beg.: 2004 Ladakh, India ☆ Fin.: 2016 New Taipei, Taiwan

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