DEMASKING:

Some thoughts about authenticity

Aiff I revealed meself wood ya accept me? Could ya over luke me stubbornness 'n for give me ennui? Would ya tole rate me sloppiness 'n in door me mood swings? Can ya except me as impurrfect 'n in munney weighs incomplete?

Who you are is evolving - & love is a process of discovery.

For the sake of others, love yourself then see the unity of all beings.

Love is not a state of perfection but way of accepting imperfections with equanimity.

The universe becomes richer as we open our hearts - why cling to inferiority?



Cantara: Why are so many people are afraid to reveal themselves?

Chris: zDon't ask me for insights.

Miok: I think Buscaglia was right in saying, "To see people as they really are,

we must love them unconditionally. Unless we do, they may not reveal themselves to us and we will miss them forever." In other words,

we hide behind facades out of fear.

Tim: Huh? I'm not sure I wan'na see all people. Is it pissable ta luv so many?



